

Claire Elizabeth Helpingstine, M.S.

chelping@fiu.edu

<http://clairehelpingstine.com>

<http://hdc.fiu.edu/Claire.html>

EDUCATION

- Ph.D. **Florida International University, Miami, FL**
Psychology, May 2022 (expected)
- M.S. **Florida International University, Miami, FL**
Psychology, May 2020

Master's Thesis: Adolescent girl CSE survivors' perceptions of their social network characteristics
- B.S. **Barry University, Miami, FL**
Psychology, May 2017
Magna Cum Laude
- A.A. **Fullerton College, Fullerton, CA**
Psychology, May 2015
With Honors
-

GRANTS & FELLOWSHIPS

NATIONAL

- 2020 – 2021 Global Health Equity Scholar Predoctoral Fellowship Fogarty National Institutes of Health – Office of Behavioral and Social Sciences Research (\$35,000)
A 12-month research training fellowship at selected institutions in low-and-middle-income countries
- 2020 Fulbright U.S. Student Program; Semi-finalist
- 2019 – 2020 Futures Without Violence Campus Leadership Fellow (\$500)
Change university policies, enhance curriculum, and help shift campus culture surrounding dating violence, domestic violence, and sexual assault
-

SCHOLARLY DEVELOPMENT

PUBLICATIONS

- Kenny, M.C., **Helpingstine, C.**, Long, H., (2020) College Students' Recollections of Child Sexual Abuse Prevention Programs and Their Potential Impact on Reduction of Sexual Victimization. *Child Abuse and Neglect*, 104(104486). doi: 10.1016/j.chiabu.2020.104486

- Kenny, M.C., **Helpingstine, C.**, Long, H., Harrington, M. (2020), Assessment of commercially sexually exploited girls upon entry to treatment: Confirmed vs at risk victims. *Child Abuse and Neglect*. Advance online publication. doi: 10.1016/j.chiabu.2019.104040
- Kenny, M.C., **Helpingstine, C.E.**, Long, H., Perez, L. Harrington, M. C., (2019). Increasing Child Serving Professionals' Awareness and Understanding of the Commercial Sexual Exploitation of Children. *Journal of Child Sexual Abuse*, 28(4) 417-434. doi: 10.1080/10538712.2018.1563264
- Kenny, M.C., **Helpingstine, C.**, Abreu, R., Duberli, F., (2019), Understanding the Needs of LGBTQ Clients and Their Risk for Commercial Sexual Exploitation: Training Community Mental Health Workers, *Journal of Gay & Lesbian Social Services*, 31(2) 166-181. doi: 10.1080/10538720.2019.1568338
- Helpingstine, C.**, Boyd, B., Barton, A., (2018) Further considerations for research on human trafficking, *American Journal of Public Health*, 108(2). doi: 10.2105/AJPH.2017.304234
- Barton, A., **Helpingstine, C.**, Boyd, B., (2018). Need for Men's Awareness of IPV via Information Technologies. *American Journal of Public Health*, 108,(7) e16-e16. doi: 10.2105/AJPH.2018.304453
- Kenny, M.C., **Helpingstine, C.E.**, McEachern, A. G., Rodriguez, M. C., (2018). A Comprehensive Group Approach for Commercially Sexually Exploited Girls. *Journal for Specialists in Group Work*, 1-23, doi: 10.1080/01933922.2018.14845408
- Kenny, M.C., **Helpingstine, C.E.**, & Webber, M. (2018). Treatment of a Commercially Sexually Abused Girl Using Trauma-Focused Cognitive Behavioral Therapy and Legal Interventions. *Clinical Case Studies*, 1-18, doi: 10.1177/1534650118800809
- Kenny, M.C., Abreu, R. L., **Helpingstine, C.E.** Lopez-Griman, A., Mathews, B. P. (2018). Counselors Mandated Responsibility to Report Child Maltreatment: A Review of U.S. Laws. *Journal of Counseling and Development*. doi:10.1002/jcad.12220.
- Kenny, M. C., Abreu, R. L., Marchena, M. T., **Helpingstine, C.**, Lopez-Griman, A., & Mathews, B. (2017). Legal and clinical guidelines for making a child maltreatment report. *Professional Psychology: Research and Practice*, 48(6), 469-480. doi: 10.1037/pro0000166

UNDER REVIEW

- Helpingstine, C.**, Stephens, D., Kenny, M., Eaton, A. Adolescent survivors of Commercial Sexual Exploitation of Children (CSEC): Perceptions and characteristics of influential social networks. Submitted to *Child Abuse and Neglect*.
- Helpingstine, C.**, Stephens, D., Kenny, M., Madhivanan, P., Interventions for Female Victims of Sex Trafficking in South Asia: A Scoping Review Protocol. Submitted to *JBI Evidence Synthesis*.
- Kenny, M., **Helpingstine, C.**, The Collaborative Efforts of a Multidisciplinary Community Based Team to Address Victims of Commercial Sexual Exploitation. Submitted to *Psychological Trauma: Theory, Research, Practice, and Policy*.

Kenny M., **Helpingstine, C.**, Malik, F., Earl, N. Commercial Sexual Trafficking of Males: Raising Awareness for Law Enforcement Through Training. Submitted to *Journal of Human Trafficking*

IN PREPARATION

Helpingstine, C., DiMarzio, K., Mclaney, S., Kenny, M., Adolescent survivors of sex trafficking: perceptions of victimhood.

SCIENTIFIC PRESENTATIONS

ORAL PRESENTATIONS

Kenny, M.C., & **Helpingstine, C.E.**, (2019, March). *Assessment of Trauma Using Evidence Based Measures*. Oral Presentation for the American Counseling Association Conference & Expo. New Orleans, LA.

Kenny, M.C., **Helpingstine, C.E.**, Rodriguez, M.,C., (2018, February). *Commercially sexually exploited girls: challenges and triumphs of group work*. Oral presentation for the Association for Specialists in Group Work Conference, Savannah, Georgia.

Helpingstine, C., Des Rosiers, S., Schwartz, S., et al (2017, April). *Context of Reception, School Attachment, and Negative Outcomes among Recently Immigrated Adolescents*. Oral presentation given at Barry University Psychology Research Forum, Miami, FL

Helpingstine, C., Des Rosiers, S., Schwartz, S., et al, et al (2016, April). *Condom Use Self-efficacy in Latino Adolescents*. Oral presentation given at Barry University Psychology Research Forum, Miami, FL

POSTER PRESENTATIONS

Helpingstine, C., Stephens, D., Kenny, M., Eaton, A., (June 2020). *Social Networks and Child Sexual Exploitation*. Society for the Psychological Study of Social Issues, Denver, CO. (Conference cancelled).

Kenny, M. C., **Helpingstine, C.**, (2019, October). *Latinx and Childhood Sexual Victimization*. Poster session presented at The National Latinx Psychological Association, Miami, FL.

Bravo, E., **Helpingstine, C.**, Stephens, D., Madhivanan, P., (2019, October). *The Effectiveness of university STEM support programs in promoting STEM entrance and achievement among undergraduate Hispanics*. Poster presented at The National Latinx Psychological Association, Miami, FL.

Bravo, E., **Helpingstine, C.**, Stephens, D., Madhivanan, P., (2019, July). *Hispanic Women's Persistiendo in STEM: A Systematic Review*. Poster session presented at The Society for the Psychological Study of Social Issues, San Diego, CA.

Helpingstine, C., Stephens, D., Barton, A., Jean Baptiste, A., (2019, July). *“She scared me”:
Black mothers and daughters Inter-generational IPV discussions*. Poster session
presented at The Society for the Psychological Study of Social Issues, San Diego, CA.

Stephens, D., Barton, A., **Helpingstine, C.**, Mariano, Y., (2019, July). *Contexts’ Influence on
Hispanic College Women’s Perceptions of Sexual Coercion*. Poster session presented at
The Society for the Psychological Study of Social Issues, San Diego, CA.

Tshiala, C., Des Rosiers, S.E., **Helpingstine, C. E.**, & Rapalino, J. (2016, May) *A descriptive
examination of gender and ethnic differences in emotional regulation and depression
among emerging adults*. Poster session presented at the 28th annual convention of the
Association for Psychological Science, Chicago, IL.

Helpingstine, C., (2015, May) *Perceived Safety of Meeting Face-to-Face With Dates Found
by Means of Dating Apps*. Poster session presented at Fullerton College Honors
Research Conference, Fullerton, CA.

TEACHING

Florida International University, Department of Psychology, Fall 2018- Summer 2020

Online Teaching Assistant

Psychotherapy (CLP 4374)

Research Methods I (PSY 3211; RVF 1198)

Psychology of Women (SOP 3742)

Research Methods II (PSY3213C; PSY3215RVE)

Teaching Assistant

Introduction to Psychology (PSY 2012)

Fullerton College, Department of Psychology, Spring 2015

Supplemental Instructor

Elementary Statistics (PsY 161)

GUEST LECTURES

Florida International University

02/2019 “Hot Spots: Sex Trafficking in the U.S.”

Sexual Health and Cultural Identities Senior Seminar (PSY4931)

06/2018 “Intro to Psychological Development”

Intro to Psychology (PSY2012)

01/2018 “Mandated Reporting of Child Maltreatment in the U.S.”

Psychology of Women (SOP3742)

MENTORSHIP

Florida International University, Department of Psychology Undergraduate Honors Theses

Co-Mentor 07/2019-12/2019

Valentina Jadue (Psychology Major - 2019)

Jadue, V, **Helpingstine, C.E.**, Stephens, D.P., Kenny, M.C., (2019, October). *Adolescent Victims of Commercial Sexual Exploitation: Perceptions of Their Trafficking Process*. Poster session presented at McNair Conference at Florida International University. Miami, FL.

Co- Mentor 07/2018-12/2018

Jeffrey Pierre (Psychology Major & Philosophy Minor- 2018)

Pierre, J., **Helpingstine, C.**, & Stephens, D. (2018, November). *Black mothers' perceptions of intergenerational mother- daughter communications about Teen Dating Violence victimization*. Poster session presented at McNair Conference at Florida International University. Miami, FL.

PROFESSIONAL SERVICE

2020-Present	Div 37 Student Advisory Board: Diversity Officer
03/2020	Panel Member: "Getting into Grad School" Psychology Ambassadors for Student Success FIU
12/2019	Div 37 Student Reviewer for 2020 APA Convention
2018-Present	Psychology of Women Quarterly Student Advisory Board

MEMBERSHIPS

2018-Present	Member; Society for Child and Family Policy and Practice (APA: Div 37)
2018-Present	Member; Society for the Psychology of Women (APA: Div 35)
2017-Present	Member of the Social Issues and Social Change Working Group FIU
2015-Present	Member; American Psychological Association